



SECTION 1000: STUDENTS AND SCHOOLS

POLICY 1100: PHYSICAL RESTRAINT AND SECLUSION IN SCHOOL SETTINGS

- *Date Adopted: November 28, 2018*
 - *Date Reviewed: April 10, 2019*
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POLICY STATEMENT

The Board recognizes that it has a responsibility to maintain safe, orderly and caring school environments for all of its students and employees. The Board believes that respect for student rights, maintaining student dignity and the safety all involved is paramount. The purpose of this policy is to ensure and promote responses that protect the safety and well-being of individuals and others.

The Board believes that behaviour is a form of communication and that interventions for all students emphasize prevention and promotion of positive behaviour to protect the individual's and other's safety. The Board believes that behaviour interventions for all students must promote the rights of all students to be treated with dignity. Behaviour interventions for all students must emphasize prevention and positive behaviour supports, and every effort must be made to employ preventative actions that preclude the need for the use of physical restraint or seclusion.

The Board recognizes that the use of emergency physical restraint or seclusion procedures may be necessary when a student presents imminent danger to themselves or others. Every effort is made to employ preventative actions that preclude the need for the use of physical restraint or seclusion. The Board authorizes the Superintendent of Schools to establish procedures that will guide the implementation of this policy pursuant to the Ministry of Education Provincial Guidelines - *Physical Restraint and Seclusion in School Settings*.

DEFINITIONS

1. Physical Restraint:

- a) Physical restraint is a method of restricting another person's freedom of movement or mobility in order to secure and maintain the safety of the person or the safety of others.



DEFINITIONS

1. Physical Restraint: *(cont'd)*

- b) The provision of a "physical escort" (i.e. temporary touching or holding of a student's hand, wrist, arm, shoulder or back for the purpose of accompany and inducing a student who is acting-out to walk to a safe location) does not constitute physical restraint.
- c) The provision of physical guidance, or prompting of a student when teaching a skill, redirecting attention, or providing comfort, also does not constitute physical restraint.

2. Seclusion:

- a) Seclusion is the involuntary confinement of a person alone in a room, enclosure, or space which the person is physically prevented from leaving.
- b) Behaviour strategies such as "time-out", used for social reinforcement as part of a behaviour plan, are not considered "seclusion".
- c) The term seclusion does not apply where a student has personally requested to be in a different/secluded location/space.

3. Time-Out:

- a) Time-out is the removal of a child from an apparently reinforcing setting to a presumably non-reinforcing setting for a specified and limited period of time. Time-out involves removing a student from sources of positive reinforcement as a consequence of a specific undesired behaviour.
- b) Time-out is only one option along a continuum of behaviour interventions supporting behaviour change. Time-out can be implemented on several different levels, ranging from quiet time in the regular classroom to a time-out room in a location outside of the classroom.
- c) Typically time-out is used in tandem with positive interventions that can maximize student learning and assist in the acquisition of replacement behaviours.



REGULATIONS

- Provincial Guidelines – Physical Restraint and Seclusion in School Settings, British Columbia Ministry of Education June 3, 2015

DISTRICT POLICY FOR THE USE OF PHYSICAL RESTRAINT AND SECLUSION

1. Physical restraint and seclusion procedures are emergency, not treatment, procedures and are used only in exceptional circumstances where a student is in imminent danger of causing harm to self or others.
2. All school staff members are provided the opportunity to participate in training in positive behaviour interventions and supports and de-escalation techniques, and all specialized staff who work directly with a student in situations where there is a potential for imminent danger of serious physical harm to the student or others, and where they may be required to respond to an individual whose behaviour is presenting a danger to self or others are expected to be trained in crisis intervention and the safe use of physical restraints and seclusion.
3. Parents and, where appropriate, students are offered opportunities to be consulted in the development of positive behaviour supports and interventions, behaviour plans, emergency or safety plans.
4. Every instance where physical restraint and/or seclusion is documented.
5. Prevention/intervention strategies are reviewed and revised in situations where:
 - a) repeated use of physical restraint and seclusion for an individual student occurs;
 - b) multiple uses of physical restraint and seclusion occur within the same classroom; or
 - c) physical restraint and seclusion is repeatedly used by an individual.
6. Incidents of physical restraint and seclusion will be reported to the school principal and forwarded to the Superintendent or Schools or designate.
7. The school district will review this policy on a regular basis to ensure alignment with current research/practice and to ensure alignment with guidelines issued by the Ministry of Education.